

# STILLINGTON PRIMARY SCHOOL BULLETIN



## **Exciting News – Our New Website Is Nearly Here.**

After much preparation we are pleased to announce that in the next few days our new website will be launched.

We hope all our parents love it as much as we do.

The link when live will be [www.fstfederation.org.uk](http://www.fstfederation.org.uk)

If you have any suggestions that would make this site more useful for you please feel free to let us know.

## **Message From Our Executive Headteacher**

Dear Parents and Children,

As the year draws to a close, I want to take a moment to express my heartfelt thanks to all of you for your ongoing support. Our children have had a fantastic year and have made us all incredibly proud with their achievements and growth.

Our federation has seen many successes this year, including the positive Ofsted inspections at Terrington and Stillington, and the church school inspection at Foston that captured our ethos so well. These accomplishments are a testament to the dedication and hard work of our entire staff team.

However, these successes would not have been possible without the hard work and enthusiasm of our children and the unwavering support from you, the parents. Your commitment to our schools and your children's education is truly appreciated.

As we sadly say goodbye to our year 6 children I want to wish them every success at secondary school. I know they will all excel and are ready for the next stage of their educational journey.

Thank you once again for a wonderful year. I wish you all a restful and enjoyable summer break and look forward to seeing you in the new school year.

Sarah Moore  
Executive Headteacher

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## Message from the Head of School



As my final message as Head of School at Stillington Primary, I would like to say a huge thank you to the children, staff and parents for all your support, since starting my role in January. Stillington Primary School is such a wonderful and special place and I feel privileged to start my leadership journey here. Thank you! I hope you all have a wonderful summer and I will see you next year when I pop across to work closely alongside Mr Carlisle in his new SENCO role.

## Extra-Curricular Clubs

All extra-curricular clubs will be released the first week back in September ready to start the second week back.

## Feast activities link

Please see the below link for **free** FEAST activities available for children over the summer holidays.

[Website-FEAST-Summer-24-Activities-List-PDF.pdf](http://Website-FEAST-Summer-24-Activities-List-PDF.pdf) ([northyorkshiretogether.co.uk](http://northyorkshiretogether.co.uk))

## Hanging baskets

Stillington school would like to say a massive "THANK YOU" to Hebdons in Easingwold for the hanging baskets they donated and for FOSS for organising these.



Thank  
You

## BBQ Reminder

Stillington's Leavers BBQ—All parents/siblings and staff are welcome this Friday 19th July at 5pm onwards  
At Stillington Sports & Social Club.

## Thorp Perrow circus

We have been asked if we could share the attached poster for the summer for families who may want to attend this event.

### **Contact details are below.**

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## Information Around Dealing With Worry and Anxiety

Please find below some information for parents on dealing with worry and anxiety in children.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about **WORRY AND ANXIETY**

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

### UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential misfortune, while anxiety is characterised by feelings of fear, apprehension or unease. Both can manifest physically through symptoms such as restlessness, fatigue or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.



### DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more constant and overwhelming. Worry may come and go depending on circumstances, whereas anxiety can linger regardless of the situation. It's essential to recognise when the former crosses into the latter, as anxiety can significantly impact a child's daily functioning and wellbeing.



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## EYFS/YEAR 1 & 2

We have had such a fun final week in class 1. The nursery and reception children absolutely loved their school trip on Monday. They explored the centre and had a lovely time playing with their friends from the other schools too.

The older children enjoyed one last forest school session and had a fantastic time den building and eating marshmallows. I hope everyone has a wonderful summer and I look forward to seeing everyone in September.



## CLASS 2 / KS2

We've had a brilliant year in KS2, and it's been wonderful to see all of the children grow in confidence and in their own abilities. We all want to say a huge thank-you to Mr Carlisle for working with us over the last year - we're certainly going to miss him next year, but luckily we'll still get to see lots of him as he starts his role as SENCO across the Federation.

Good luck to our Y6s, Connie and Charlotte, who are both leaving to go to Easingwold. We'll miss them, but we know that they are going to have a great time and that it's a wonderful opportunity to meet new friends.

Enjoy the summer holidays!



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## DIARY DATES

<b>Summer</b>	Friday 19th July (last day at school) school breaks up at 2.30pm Tuesday 3rd September (first day back)
<u>PE Kits</u> Please can all children bring in their PE kits for the first day back in September.	

