

STILLINGTON PRIMARY SCHOOL BULLETIN



Message from the Executive Headteacher

As we draw to the end of a fabulous but long Autumn term, I would like to take this opportunity to say a huge thankyou to all our families for the support. We have had a lovely term enjoying many enhancements such as drama, skateboarding, nativities, sporting events and trips. I know you will join me in thanking all our staff for their hard work and enthusiasm throughout the term, but also for bringing Christmas alive within school. We are so proud of our amazing children who have worked so hard and achieved so much. Have a wonderful Christmas and New Year and we will see you all on Tuesday, 7th January ready for another fun term of learning.

School Lunch Price Increase

Please be aware that from Monday, 24th February 2025 the price of school lunches will increase from **£3.00 to £3.20 per day**.

This decision has not been taken lightly, and we want to be transparent about the reasons behind this change. The cost of overheads has risen significantly in recent months, and while the school has been subsidising the cost of meals from the school budget to keep them as affordable as possible, our budgetary constraints mean that we can no longer absorb these increases entirely.

We understand that any price increase may be challenging, and we sincerely apologise for any inconvenience this may cause.

Thank you for your understanding and continued support.

Kind regards

Sarah Moore

Executive Headteacher FST Federation in Collaboration with Langton Primary School

Head of School

Good morning everyone,

As we draw to the close of a busy and exciting Autumn term, I would like to say a huge well done to all of our pupils for their incredible hard work across this term.

In EYFS, pupils explored the theme of celebrations. They have embraced the joy and wonder of various festivals and traditions, from creating Diwali lamps to designing Christmas decorations. Through stories, songs, and hands-on activities, the children have developed an understanding of how people around the world come together to celebrate special moments in their lives.

Our Key Stage 1 pupils have been captivated by their history topic on the Great Fire of London. They reeled of fascinating facts about how the fire started, spread, and changed living history. They had lots of fun building and then burning their houses to understand how quickly the great fire transformed London.

In Key Stage 2, they have delved into the important topic of natural resources. From understanding where materials come from to considering the impact of human activities on the planet, they have demonstrated thoughtful engagement and critical thinking. They enjoyed creating their own pledges to become more eco-friendly as well as writing to school to explain how school can do better.

I would also just like to take this opportunity to say a huge thankyou to our FOSS team for organising our Pantomime trip on Friday of last week. Our pupils had a fantastic time and enjoyed the special experience!

On behalf of all the staff at Stillington School, I want to wish you and your families a joyful and restful Christmas holiday!

We look forward to welcoming the children back in the New Year, refreshed and ready for another term of exciting learning adventures.

Kind regards,

Miss India Tordoff





Wow Work



Miss Katie Allwood

Wow Work - KS1 = EYFS / YEAR 1 & 2

A wonderful final week this week. We have loved our pantomime, our rocksteady assembly and our DT day.

The children have thoroughly enjoyed creating their Tudor houses and some of us enjoyed burning them back down again!

The kids have tried so hard this week and very much have earned their rest.

Have a lovely holidays and new year!



Mrs Catherine Hunter

Wow Work KS2 / YEAR 3 TO 6

It has been an incredible term in KS2. The children have all worked so hard since September, and deserve a well-earned break! Thank you for all the support you have shown since I returned to class full-time, it's been wonderful to be back in amongst it all. It's an absolute delight to be with such fantastic children day in, day out! I hope you all have a wonderful break, and I look forward to seeing everyone again in January 😊



Parent/Carer

[Winter infections in children - guidance for parents/guardians](#)

Thursday, 12/12/2024 NYES Health and Safety (HappS) Service



The UK Health Security Agency have produced advice on illnesses that are currently affecting nursery and school children across Yorkshire and The Humber.

What are the symptoms?

There are two groups of symptoms:

- Diarrhoea and vomiting – usually lasting 1-2 days
- Fever, tiredness, runny nose, cough and sore throat – lasting 3-4 days

What should I do if my child is unwell?

- If your child has diarrhoea and/or vomiting symptoms, they should not attend nursery/school until they have been symptom free for 48 hours
- If your child has a high temperature and is unwell, it is very important they stay at home and don't attend school until they have recovered. Children with mild symptoms like runny nose, sore throat, or mild cough, who are otherwise well, can continue to attend school.
- Ensure they drink plenty of fluids – taking sips rather than gulps, to avoid vomiting
- If they have a fever – give child paracetamol and/or ibuprofen, according to manufacturer's instructions. Your local pharmacist can also advise you about the best treatment for your child
- If your child is unusually sleepy, can't take fluids or has other symptoms, such as an unusual rash, headache or neck stiffness – seek medical advice immediately

Infection control advice

Handwashing is one of the most important ways to prevent the spread of both of these infections. This applies to the child who is ill and the person caring for them. Hands should be washed using soap and rinsed under running water:

- Before and after caring for the child
- After using the toilet
- Before eating, preparing or handling food
- After cleaning up spills (vomit, diarrhoea or urine)
- Also – keep a separate towel for each family member who has symptoms, and change them regularly
- Dry hands thoroughly

Other control measures:

- Cover nose and mouth when coughing or sneezing, using a tissue if possible – dispose of used tissues immediately and wash hands
- Wash soiled clothing, bed linen and towels at 60°C, using detergent – if possible, wear disposable gloves to handle contaminated items
- Surfaces and touch points (taps, toilet flush handle, door handles) should be cleaned then disinfected with bleach-based cleaner
- Check that your child is up to date with their [NHS vaccinations schedule](#) 'diarrhoea and vomiting'.

For further information, visit [NHS.uk](#) and search for 'respiratory infections' and 'diarrhoea and vomiting'.

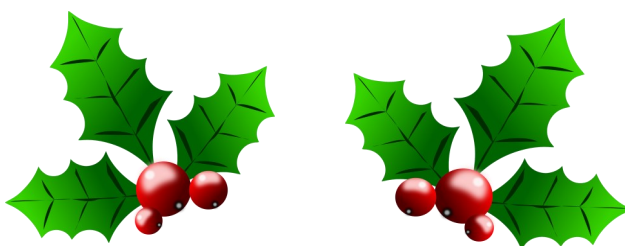
Click below for a pdf copy of this information to share with parents/guardians.

Stillington's School Attendance.



As a school we aim for 95% attendance from all our pupils. We realise this is not always possible when your child is poorly.

We are sure you will agree we all want our children to succeed and good attendance is proven to give children the maximum learning time possible.





Parent/Carer



Managing The Christmas Sensory Overload.

It's that time of year which for some of us is exciting: meeting and catching up with friends and family, putting up glittery decorations and sparkly lights, giving and receiving shiny gifts, parties, dressing up, singing songs, and watching TV specials. Yet for many children, young people and adults, this time of year can be filled with emotional and sensory overwhelm. An increase in noise, multiple voices, crowds, social expectations, changes in routine, flashing lights, different textures brought into the house, loud and busy music and surprise gifts. Attached is a handy guide and advice from Beacon House to ensure a more joyful, or tolerable time for all the family as well as some contact information below for support with emotional and mental health. [Emotional and Mental Health](#)

For Adults

Mind: Mind offers tips and advice on coping with the holiday season, including managing stress, dealing with loneliness, and maintaining mental well-being. [Christmas and Mental Health](#)

Samaritans: Provides 24/7 support for anyone struggling to cope. They offer a safe space to talk about whatever is troubling you.

Call 116 123 or visit -[Contact Us | Samaritans](#)

NHS: The NHS offers advice on managing mental health during the holidays, including tips on dealing with stress and where to find support.

NHS Mental Health Support - [Mental health - NHS](#)

For Children

The Go To: **The Go To website** is the home of wellbeing and mental health for young people in North Yorkshire and provides a wealth of information and practical advice for children, young people, their carers and professionals.

[The Go-To - Emotional wellbeing and mental health](#)

YoungMinds: Offers advice on supporting children and young people with their mental health, including how to handle anxiety around Christmas.

[Helping Your Child with Anxiety at Christmas](#)

The Children's Society: Provides tips for managing children's mental health during the festive season, including maintaining routines and understanding their needs.

[Supporting Children's Mental Health at Christmas](#)

Childline: Offers free, confidential support for children and young people. They provide a safe space to talk about any worries or concerns.

Resource: Call 0800 1111 or visit Childline - [Childline | Childline](#)

Kooth: Kooth is a free, safe and anonymous **online wellbeing service** for children and young people. The Kooth team provide free, safe and anonymous online support and counselling. The whole team are made up of friendly and experienced individuals and are a bacp accredited service. [Home - Kooth](#)

Shout!: Shout is the UK's first and only 24/7 text service for anyone in crisis. Get free, confidential mental health support anytime, anywhere. Text 'Shout' to 85258.

[Shout: the UK's free, confidential and 24/7 mental health text service for crisis support | Shout 85258](#)



STILLINGTON PRIMARY DIARY DATES

<u>EVENTS</u>	<u>DATE</u>	<u>DETAILS</u>
Fantastic Friday	Friday 20th December	Music with an instrument focus.
Christmas	Friday 20th December (Last Day) Tuesday 7th January 2025 (First Day Back)	
Special Lunch—Best of British	16th January 2025	Chicken Pie Cheese & bean pasty (V) Mashed potato Medley of vegetables Syrup sponge & custard
Special Lunch—Valentines	14th February 2025	Pizza Hub Chips Peas & sweetcorn Love heart biscuit
Spring half –term	Friday 14th February 2025 (Last Day) Monday 24th February (First Day Back)	
Special Lunch—World Book Day	6th March 2025	Magic meatballs Hufflepuff (V) Slytherin topped spuds Ollivander’s wands Ravenclaw Slaw Goodwin’s chocolate extravaganza
Special Lunch—Easter	31st March 2025	Roast chicken, Yorkshire pudding & gravy Veggie sausage (V) Potatoes Carrots & broccoli Easter chocolate nest
Easter	Friday 4th April 2025 (Last Day) Wednesday 23rd April 2025 (First Day)	
May Day Bank Holiday	Friday 2nd May 2025 (Last Day) Tuesday 6th May 2025 (First Day)	
Special Lunch—Street food	15th May 2025	Chicken nuggets Veggie nuggets (V) Skinny fries BBQ beans Doughnut muffin
Summer Half—Term	Friday 23rd May 2025 (Last Day) Monday 2nd June 2025 (First Day Back)	
Summer	Friday 18th July 2025 (Last Day)	

MERRY CHRISTMAS EVERYONE



BEST WISHES FOR 2025