

STILLINGTON PRIMARY SCHOOL BULLETIN



Good morning everyone,

In preparation for world book day on the 6th March, we wondered if anyone would be interested in taking part in a costume swap. If you have a costume that your child/ren have grown out of or no longer wear, please feel free to donate it to school by 24th February ready to 'swap' free of charge on Friday 28th February.



Free group music lessons

If you are in receipt of free school meals, pupils are eligible for free group music lessons. If you are interested and would like your child/ren to take part, please complete an online application for on the North Yorkshire music hub website: northyorkshireremusicclub.co.uk

Celebration Assembly

We would like to welcome everyone to our upcoming celebration assembly on Friday 14th at 3:10pm. If your child is receiving a certificate, a note will be added to your child's planner at the end of today. We look forward to seeing you all there.

Stay and play sessions

We are excited to announce we will be launching a stay and play session on Fridays beginning 28th February. Please see the poster for further details. If anyone has any toys they would like to donate to school, suitable for 18 months +, please bring them to the school office.

I hope you all have a fantastic weekend!

Kind regards,
Miss Tordoff
Head of School

Free Stay & play sessions for 18months+ at Stillington CP School
Fridays from 10-11:30am
Main Street, Stillington, York, YO61 1LA

Why not join our Ofsted rated 'Good' School for Free stay and play sessions to explore our Reception and Nursery learning environment through stories, songs, messy play and Craft workshops?

We offer:

- Up to 30 hours free nursery
- Wrap around care from 8am-6pm
- Tiered provision
- Purpose built outdoor area
- Personalised learning experience
- Larger peer group experiences as part of a federation
- Enriching federation and collaboration enhancement

Contact us on: stillingtonoffice@loston.n.york.sch.uk or 01347 810347 to confirm your attendance. Refreshments will be provided www.stillingtonschool.org.uk

School Lunch Price Increase

Please be aware that from Monday, 24th February 2025 the price of school lunches will increase from **£3.00 to £3.20 per day.**

This decision has not been taken lightly, and we want to be transparent about the reasons behind this change. The cost of overheads has risen significantly in recent months, and while the school has been subsidising the cost of meals from the school budget to keep them as affordable as possible, our budgetary constraints mean that we can no longer absorb these increases entirely.

We understand that any price increase may be challenging, and we sincerely apologise for any inconvenience this may cause.

Thank you for your understanding and continued support.



This week is children’s mental health week.

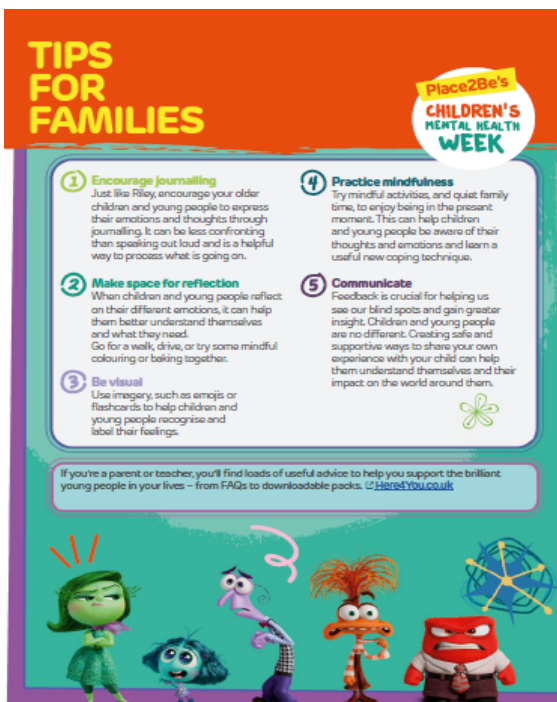


This week is children’s mental health week, and we have been busy exploring the theme ‘Know Yourself, Grow Yourself. The children have focused on knowing themselves and their emotions and have had chance to discuss this in our special collective assembly. Some children have also had the opportunity in their PSHE lessons to look at this theme more closely. If you as a family would like to look at some ideas, we have included a tips for families, produced by ‘Place2Be’ for children’s mental health week.



Snapchat 13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best known feature is that anything sent ‘disappears; 24 hours after it’s been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called ‘My AI’. Please see the attached guide on useful information for parents.



TIPS FOR FAMILIES

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

- 1 Encourage journaling**
Just like Riley, encourage your older children and young people to express their emotions and thoughts through journaling. It can be less confronting than speaking out loud and is a helpful way to process what is going on.
- 2 Make space for reflection**
When children and young people reflect on their different emotions, it can help them better understand themselves and what they need. Go for a walk, drive, or try some mindful colouring or baking together.
- 3 Be visual**
Use imagery, such as emojis or flashcards to help children and young people recognise and label their feelings.
- 4 Practice mindfulness**
Try mindful activities, and quiet family time, to enjoy being in the present moment. This can help children and young people be aware of their thoughts and emotions and learn a useful new coping technique.
- 5 Communicate**
Facebook is crucial for helping us see our blind spots and gain greater insight. Children and young people are no different. Creating safe and supportive ways to share your own experience with your child can help them understand themselves and their impact on the world around them.

If you're a parent or teacher, you'll find loads of useful advice to help you support the brilliant young people in your lives – from FAQs to downloadable packs. [@ https://www.place2be.co.uk](https://www.place2be.co.uk)



What Parents & Educators Need to Know about SNAPCHAT 13+

WHAT ARE THE RISKS?
Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

ARTIFICIAL INTELLIGENCE
My AI is Snapchat's new AI chatbot which responds to questions in a conversational manner. The chatbot is designed to be helpful and supportive, but it is not a human and should not be used to replace professional support. There have already been reports of users using My AI to generate harmful content, such as self-harm messages and abusive language, which could be harmful to children and young people.

SCREEN TIME ADDICTION
Snapchat's features, such as its 'Stories' and 'Filters', can be addictive. Excessive use of the app can lead to screen time addiction, which can impact a child's mental health and academic performance. Encourage your child to take regular breaks from the app and to engage in other activities.

INAPPROPRIATE CONTENT
Snapchat's 'Stories' feature allows users to share content with a wider audience. This can lead to inappropriate content being shared, such as images of violence, sexual content, or hate speech. Encourage your child to be cautious about what they share and to report any inappropriate content to the app's moderators.

ONLINE PRESSURES
Snapchat's 'Filters' and 'Stickers' can be used to create a sense of social pressure. Children and young people may feel the need to use these features to fit in or to be popular. Encourage your child to be confident in their own identity and to not feel pressured to use the app's features.

PREDATORS AND SCAMS
Snapchat's 'Snap Map' feature allows users to see the location of other users. This can be used by predators to track down their victims. Encourage your child to be cautious about sharing their location and to avoid meeting anyone they have met online in person.

MY EYES ONLY
Snapchat's 'My Eyes Only' feature allows users to share content privately. However, this feature is not foolproof and can be bypassed by someone with access to the user's phone. Encourage your child to be cautious about what they share and to avoid sharing sensitive information.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS
Snapchat offers parental controls that allow parents to monitor their child's activity on the app. These controls include the ability to see who your child is communicating with, what they are sending, and how long they are using the app. Encourage your child to be transparent about their app usage and to allow you to access their phone to check the settings.

FAMILIARISE YOURSELF
Snapchat's features and interface can be confusing for parents and educators. Take the time to familiarise yourself with the app's features and settings. This will help you to better understand your child's experience and to provide more effective support.

ENCOURAGE OPEN DISCUSSIONS
Encourage your child to talk to you about their experience with the app. This can help you to identify any potential risks and to provide more effective support. Encourage your child to be open and honest about their feelings and to seek help if they are struggling.

Meet Our Expert
The National College

WakeUp Wednesday

[@ https://www.place2be.co.uk](https://www.place2be.co.uk) [@ https://www.nationalcollege.co.uk](https://www.nationalcollege.co.uk) [@ https://www.wakeupwednesday.co.uk](https://www.wakeupwednesday.co.uk) [@ https://www.wakeupwednesday.co.uk](https://www.wakeupwednesday.co.uk)

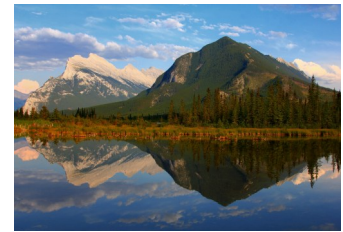
Wow Work

Miss Katie Allwood **Wow Work - KS1 = EYFS / YEAR 1 & 2**

EYFS—EYFS have been looking at water through their story and have loved experimenting with water outside and inside. The girls have been starting to write a few short captions for our water pictures and have been doing amazing.

KS1—In KS1, the children have been making comic strips. They have been so creative with this and it has been so lovely to read them.

Class 1 —This week in class 1 we have been really enjoyed continuing our English topic in both classes.



Dreamery Gardens—Northwood, Buttercrambe Moor Road

On **Wednesday 26th February** the children in **Nursery and Reception** will be travelling to Dreamery Gardens – England’s lost fairy gardens. The children will be picked up at 9am so please make sure they arrive at school ready and on time. The children will have the opportunity to explore the woodland areas building on our learning this half term about different habitats and animals. We will also explore the different seasonal changes around us. All children will require to bring a **packed lunch** and an **all-in-one suit and a pair of wellies** for the trip. If you would like a school packed lunch, please email the office requesting this by Wednesday 12th February. We ask for a voluntary donation of **£16 per child** which will be added to parent pay towards the cost of the trip. If your child does not attend school on this day they are more than welcome to join us, please discuss with your child’s class teacher and if you would like an more information.

Mrs Catherine Hunter **Wow Work KS2 / YEAR 3 TO 6**

We've had a busy week in KS2 as we prepare for our Young Voices concert next week - the children are all very excited!

Our Y6 pupils have also been working hard on their practice SATs, ready for the real thing in May.

Already the end of our first half term back is almost here, and it's been wonderful to welcome three new children to the class and to see them settle in and make new friends.

We're all looking forward to a break, and to see what the next half term brings!



STILLINGTON PRIMARY DIARY DATES

<u>EVENTS</u>	<u>DATE</u>	<u>DETAILS</u>
Young Voices	Wednesday 12th February 2025	Leaving school around 11.15am Returning back to school around 8.45pm to be back at school eta: 10.30pm. 2 x packed lunches will be required for each child, for their meals for lunchtime and also their evening meal.
Special Lunch Valentines	Friday 14th February 2025	Pizza Hub Chips Peas & sweetcorn Love heart biscuit
Spring half –term	Friday 14th February 2025 (Last Day) Monday 24th February (First Day Back)	
Special Lunch World Book Day	Thursday 6th March 2025	Magic meatballs Hufflepuff (V) Slytherin topped spuds Ollivanders wands Ravenclaw Slaw Goodwin’s chocolate extravaganza
Special Lunch Easter	Monday 31st March 2025	Roast chicken, Yorkshire pudding & gravy Veggie sausage (V) Potatoes Carrots & broccoli Easter chocolate nest
Easter	Friday 4th April 2025 (Last Day) Wednesday 23rd April 2025 (First Day)	
May Day Bank Holiday	Friday 2nd May 2025 (Last Day) Tuesday 6th May 2025 (First Day)	
Special Lunch Street food	Thursday 15th May 2025	Chicken nuggets Veggie nuggets (V) Skinny fries BBQ beans Doughnut muffin
Summer Half—Term	Friday 23rd May 2025 (Last Day) Monday 2nd June 2025 (First Day Back)	
Summer	Friday 18th July 2025 (Last Day)	

