

# STILLINGTON PRIMARY SCHOOL BULLETIN



Good morning everyone,

This week, we are incredibly proud of our pupils who completed their Phonics Screening Check. They've shown fantastic focus, determination and confidence as they sounded out those tricky words — well done, everyone!

We we're thrilled to welcome back Dave the Music Man this week! His much-loved ukulele sessions have returned, bringing smiles and rhythm into our classrooms. It's wonderful to hear the children create music and build their confidence with instruments. Great work everyone!



## **Bright for mind Charity day Monday 16<sup>th</sup>**

We will be participating in Bright for mind charity day. Please can we ask that children come to school in brightly colour clothes in support of our event. We will be holding an outfit parade with awards for the most colourful outfit and the outfit which uses the most patterns. We cannot wait to see all of our pupils contributions! Voluntary donations for the charity will be taken by school to support MIND charity.

## **Wrap Around Care 2025-26**

We are currently reviewing our wrap around care offer for next academic year. Please can we ask that you complete the Forms Questionnaire by **Friday 27<sup>th</sup> June** : <https://forms.office.com/e/F1CDr8KefV>

I hope you all have a wonderful weekend and enjoy the sunshine!

Thanks,  
Miss India Tordoff

Head of School



**Stillington Community  
Primary School**



**Terrington Church of  
England VA Primary School**

## **Important Information regarding sharing other children on Social Media**

When we hold events with children and parents, we understand it is lovely to catch these moments in a photograph or in a video. We ask that these moments are not shared on social media for several reasons, the main ones being as follows:

- **Not all parents or carers have given permission for their child to be on social media.**
- **There may be safeguarding reasons children's images cannot be shared on social media.**

We want to remind parents of this, and if you have shared something on a social media platform that has other children in that this is removed, even if your account is private people can still share or copy images of children without you knowing.

## **KS1 Flamingo land**

On Friday 27<sup>th</sup> June, KS1 will be visiting Flamingo land to take part in a selection of activities, linked to our previous Science topics covered this year and taking part in an animal habitats workshop. We will be travelling by coach, leaving at 9am so all children will need to be in school at **8:45am** to allow for a prompt departure. We will be returning before the end of the school day. All children will need a water bottle and packed lunch. To order a school packed lunch, please email the school office with your choice of ham, cheese or tuna sandwiches by the 16<sup>th</sup> June.

Our trip to Flamingo land will be mostly outside and we anticipate warm, sunny weather.

Please send your children in school uniform, with hats, suncream applied and water.

To cover the cost of the bus, entrance, and activities, we would appreciate a voluntary contribution of £16 per child, which will be added to parent pay. Please log in to parent pay to give **consent** for your child to go on the trip.

# Wow Work



## Miss Katie Allwood

### Wow Work - KS1 = EYFS / YEAR 1 & 2

Both classes have really enjoyed seeing Dave this week—the children absolutely loved seeing him and we had so much fun in our ukelele session.

In EYFS, we've been learning all about summer. The children have loved talking about the warm weather and noticing the seasonal changes at playtime.

Key Stage 1 have been learning about the continents and it's been fantastic to see their curiosity grow as they explore different parts of the world. They have also really enjoyed learning about plants and how they grow.



## Mrs Catherine Hunter

### Wow Work KS2 / YEAR 3 TO 6

Rehearsals for the end of year school play are well underway in KS2. Scripts have been sent home, as have costume requests - if there are any questions, please let me know. Please can we also remind you of our PE days, which are Tuesdays and Thursdays. Children should come into school in their school uniform and their PE kits can be kept on their pegs in the cloakrooms for the week.



### Helping your child prepare for Secondary School

As we are now in our final half term, we will shortly be saying goodbye to our Year 6 children. The jump from primary school to secondary school for some children can be daunting. Help your child make that huge leap from primary to secondary school. Here are some things that will build your child's confidence, resilience and self-esteem.

<https://parentingsmart.place2be.org.uk/article/helping-your-child-prepare-for-secondary-or-high-school>

### Trip consent on ParentPay.

Please can I ask, if you would log into your own ParentPay account and consent to all the trips that are listed, if they are relevant for your child. Without your consent your child will be unable to attend the trips.

# Parents/ Carers news

## PSHE Summer 2

Thank you to everyone that was able to attend our meeting last Thursday regarding the teaching of growing and changing in PSHE this half term. We really appreciate all of your feedback and support.

If you were not able to attend, then please find attached the PowerPoint that we shared. It includes resources that will be used with each year group during this topic and any other information you may need. Video links will be pasted in this text for you to access.

A reminder that parents have the right to withdraw their children from the teaching of sex and relationships education that goes above and beyond the science curriculum.

The science curriculum currently covers with our year 5/6 children -

- **How our bodies change as we age, often referring to physical changes due to hormones.**
- **The process of reproduction in plants and birds.**

This does not cover reproduction itself in detail and does not reference mammals.

The areas of PSHE that go beyond this for a year 5/6 child is sexual reproduction in humans. This is the lesson that parents can choose to withdraw from should they wish to. If this is the case, then please refer to our RSE policy on our website for more information about this process.

If you have any further questions at all then please do not hesitate to contact us, we would be more than happy to help.

Video links -

### Year 3

Wet dreams - <https://www.youtube.com/watch?v=6cYeFQvoPTy>

Menstruation - [https://www.youtube.com/watch?v=vXrQ\\_FhZmos](https://www.youtube.com/watch?v=vXrQ_FhZmos)

Year 5/6 <https://www.socialworkerstoolbox.com/education-puberty-10-14yrs-old-busy-bodies-adolescent-development-programme/> Watch the 'How a baby is made' video (number 5)

## Growing up in North Yorkshire

Last summer children from year 2 to year 6 took part in a survey called 'Growing up in North Yorkshire' which they complete every two years.

The aim of this is to be able to spot any patterns in the children's experiences to help us support them better in and out of school. This year, 'Growing up in North Yorkshire' have created an information poster to help summarise the findings across North Yorkshire for parents and sign-post people to a couple of handy resources.

Any questions then please do ask!

**North Yorkshire**  
Safeguarding Children Partnership

**NORTH YORKSHIRE COUNCIL**

**Younger Primary School Children**

Every two years since 2006 North Yorkshire Council has done the Growing Up in North Yorkshire survey with children and young people in schools across North Yorkshire to find out what they think about various aspects of health, wellbeing and learning/education.

This flyer aims to share the main findings from our last survey and to direct families to information, support and services that may be helpful.

**The below facts are about 6-7-year-olds**

**Online Safety**  
4 in 5 said they know how to keep themselves safe online.  
1 in 4 said that they have friends online that they don't know in real life.

**Oral Health**  
4 in 5 said that they cleaned their teeth at least twice on the day before the survey.

**Sleep**  
2 in 5 said they have a TV in their bedroom, and most of them are allowed to watch it after they go to bed.

**Emotional Health and Wellbeing**  
1 in 3 said they worry about their family and 1 in 5 worry about how they look.  
But this is much less than in 2022!

**Physical Activity**  
1 in 5 children said they have not had swimming lessons yet.  
More boys than girls found physical activity and sports easy.

Talking about internet use and safety helps to protect children from risks.

Good oral health can keep children free from toothache, infection and cavities.

Managing screen use and technology-free bedrooms and bedtimes can help your child get a good night's sleep.

Helping children to understand their feelings and ways that they can manage them can be helpful for the future.

Staying active has been shown to improve physical and mental health. Help your child to find ways to stay active that they enjoy!

**2025**

Keeping Our Children & Young People Healthy and Well in North Yorkshire  
Information for Parents and Carers

**Primary**

# Parents/ Carers news

## Older Primary School Children

The below facts are about 10-11 year olds

### Healthy Eating

1 in 4 said they ate at least 5 portions of fruit and veg on the day before the survey.



Help your child to add more fruit and vegetables into their diet through snacks, drinks and meals!

### Sleep

1 in 5 said that they go to bed after 10pm, with 3 in 5 saying they felt tired at school the day before the survey.



Encouraging calming activities before bed, such as reading or listening to soft music, can create a great nighttime routine!

### Online Safety

3 in 10 said they were never supervised when online at home. This has gone down since 2022.



It can be helpful to set clear rules about which websites and apps are allowed, and how much time can be spent online.

### Emotional Health and Wellbeing

4 in 5 boys and 1 in 2 girls are not worrying about growing up. Of those who are, 4 in 5 said they worry most days.



Other concerns include family death, transitioning to secondary school and appearance.

More girls than boys said they worry about how they look.

Encouraging children to do activities away from screens such as being active and/or outdoors, music, art, and books can reduce worry and help them to develop socially and emotionally.

### Online Bullying

1 in 10 said they had been bullied online. This is the same as in 2022.



Getting your child involved in activities that boost their confidence and self-esteem can be helpful, especially when life gets challenging.



## Resources and Services for Parents and Carers

### The NSPCC Website

The NSPCC website has resources and information on several topics including bullying, safety online, and healthy relationships.

**NSPCC**

<https://www.nspcc.org.uk/>

### Better Health Healthier Families

The Better Health website contains resources and information to help families eat better and move more.

**Better Health healthier families**

<https://www.nhs.uk/healthier-families/>

### The Sleep Charity

The Sleep Charity, provides advice and support to empower the nation to sleep better. Covering topics like; sleep problems, bedtime routines and night terrors.

**the sleep charity**

<https://thesleepcharity.org.uk/information-support/children/>

### Mental Health Support

The Go-To website contains resources, links and information to support parents, carers, and young people in North Yorkshire to find the right help and support to stay well.

**The Go-To**  
For healthy minds in North Yorkshire

<https://thegoto.org.uk/>

### North Yorkshire Healthy Schools

More resources and information for families can be found at the Healthy Schools website.

**North Yorkshire & York Healthy Schools**  
North Yorkshire Healthy Early Years

<https://healthyschoolsnorthyorks.org/parents/>

**Youngminds**

The Youngminds website is a resource for both young people and adults. It aims to help young people understand how they're feeling, find ways to feel better, and ways to support someone who is struggling.

**YOUNGMINDS**  
<https://www.youngminds.org.uk/>

**The UK Safer Internet Centre (UKSIC)**

UKSIC is a resource that offers advice and support on how to stay safe online and what to do when something happens.

**UK Safer Internet Centre**  
<https://saferinternet.org.uk/>

**Solihull Approach**

The Solihull Approach offers free resources and information on supporting the emotional health and wellbeing for children and families, who live or go to school in North Yorkshire.

**UNDERSTANDING YOUR CHILD**  
**SOLIHULL APPROACH**  
<https://solihullapproachparenting.com/>

**Growing Healthy**

Growing Healthy is a local NHS service designed to support the health and wellbeing of children and their families from birth to 19 years old. The site has information and support on a wide range of areas.

**Growing Healthy**  
North Yorkshire  
<https://hdfchildrenshealthservice.co.uk/ourservice/growing-healthy-0-19-north-yorkshire/>

**North Yorkshire Safeguarding Children Partnership (NYSCP)**

NYSCP is a service that offers resources and information to ensure that children and young people are kept safe.

**North Yorkshire**  
Safeguarding Children Partnership  
<https://safeguardingchildren.co.uk>

# Parents/Carers/Guardians

## EASINGWOLD HOLIDAY CLUBS with TOTAL SPORTS

ARTY/ CRAFTY/ SPORTY/ ADVENTURE/ FUN

The region's No.1 holiday clubs are coming to Easingwold this Summer Holidays!!

Children aged 5-13 from all schools are welcome!!

8am-5:30pm

Ran by qualified DBS checked coaches!!

Energy Programme - 50+ Activity Choices

2 Choices Every Hour !!!

Our award winning holiday clubs will be running at Outwood Academy Secondary Easingwold this Summer, offering boys & girls the perfect way to spend their school holidays!!

Join our Energy Programme - 50+ choices of arty/crafty/sporty/adventure/fun! activities

With 2 choices every hour and your children in specific age groups, your children rule their days with their friends!!

Our activity choices ensure children of all interests have a brilliant day- choose between painting or dodgeball, parachute games or hockey, yoga or football, WOW equipment (45ft inflatable assault course, bouncy castle and more!!) field games or den building- we have over 50+ activities across the week to ensure your children have action packed energy filled days!!

The choices are endless with our energy programme!!

Parents can book in single days or a full week and pay using government childcare vouchers.

OFSTED registered and with 18 years worth of holiday club experience,

we also work in over 40+ schools in the area meaning your children may well know our staff team!!

### HOW TO BOOK YOUR PLACE;

Simply visit our website; <https://www.totalsportslimited.co.uk/book-online/>

Running every single school holiday!!



The poster features a red and blue color scheme. On the left, a red box lists 'ALL VENUES' with locations: YORK (Carnegie Theatre, Mill Lane, St. Mary's, St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's, St. Mary's, St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's), EASINGWOLD (Outwood Academy), NARROGATE & KNAVE BROUUGH (St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's), WAKEFIELD (St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's), LEEDS (St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's), EAST YORKSHIRE (St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's), and KIPPAX (St. Peter's, St. Paul's, St. Vincent's, St. James's, St. John's, St. Elizabeth's, St. George's, St. Andrew's, St. David's). A 'VENUE KEY' indicates: 1 - ENERGY PROGRAMME, 2 - FOOTBALL CAMP, 3 - SWIMMING DAYS. The right side shows a group of children playing and a large 'totalsports HOLIDAY CLUBS' logo. Text at the bottom includes 'ARTY | CRAFTY | SPORTY | ADVENTURE | FUN', 'HOLIDAY CLUBS FOR 5-11 YEAR OLDS', 'OPEN 8AM-5:30PM EVERY DAY OF SUMMER!!', and 'FOR MORE INFORMATION, PRICES & BOOKINGS WWW.TOTALSPORTSLIMITED.CO.UK'.



## Rufus The Big Red Bear – Visiting our Primary Schools

This is Rufus! He was left at a bus stop in York by a little girl who wanted to see what he got up to. This story has really taken off in York and local businesses and communities have joined in the fun and given Rufus some amazing days out! **What's even better is the family have suggested donations to 'Mind' our chosen charity for our charity day on Monday, so we can let them know what money we have raised on our charity day on Monday 16<sup>th</sup> June.** He has his own facebook page and you can follow his adventures before he arrives at our schools! That's right – Rufus will be joining us for 3 days on week commencing 30<sup>th</sup> June where he will spend a day at Stillington, Foston and Terrington! If you would like to follow his adventures so far with your child/children his facebook page is above, but here is a sneaky peak at what he has already been up to!



Floral Elegance, York  
4d · 🌐

**Rufus The Big Red Bear Adventures**  
We had Rufus as an apprentice. He turned up late (bit of a grizzly start) and straight away wanted a brew as that's what he did on the construction site!

Soon got him grafting on deliveries, sweeping up and he couldn't keep his paws off the flowers! By the end of the day he was exhausted. Despite his tardiness, he was a treat to work with and we'll give him a glowing reference for his next job in Acomb. Where will he end up next? He'd make a good postbear... [The Press in York](#)

09:14 4G

**Rufus The Big Red Bear Adventures** >

👤 Public group · 845 members

## Inourplace – Wellbeing for School Parents

Please find below May's newsletter from inourplace, covering end of term preparations for moving classes or schools, emotional health for boys, the child development and wellbeing course for parents from toddler to teenager, navigating nightmares and night terrors and talking about big problems with your child.



May 2025

Inourplace is funded in your area to provide your family with free access to expert learning about childhood development, wellbeing, brain changes, and much more to help you to connect with your children and make sure they thrive.

Here's a quick round up of what we think is great on [inourplace](#) this month.

### End of term prep for school moves



**Moving up**

A digital hub of resources for parents to help you navigate and support your child to thrive as they move up or start a new school

### Adolescence: Emotional health for boys



**How parents can raise emotional skills development for young boys**

The Child Psychologist and Psychotherapist's view

<https://inourplace.co.uk/>  
<https://inourplace.co.uk/moving-up/>

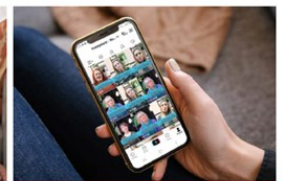
The child development and wellbeing course for parents | Expert insights for your parenting



**Understanding your child: from toddler to teenager**

Online course empowering your parenting anytime, anywhere

[\[Interactive Learning\]](#)

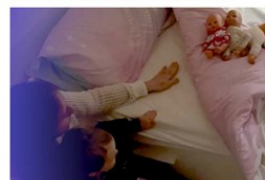


**Follow us on TikTok**

Short films on sleep, toddler tantrums, school behaviour, teenagers and much more

[\[Interactive Video Content\]](#)

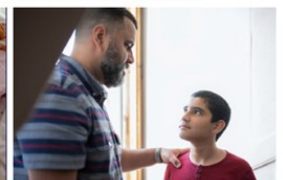
### Navigating nightmares and night terrors



**My child is having nightmares or night terrors**

Advice and guidance from Clinical Psychologists and Health Visitors with parent voices

### Talking about big world problems



**How to talk to your child about events in the news without making them anxious**

The Psychologist's advice

**STILLINGTON PRIMARY DIARY DATES**

<b><u>EVENTS</u></b>	<b><u>DATE</u></b>	<b><u>DETAILS</u></b>
Year 6 Transition days at Outwood Academy	Thursday 19th June 2025 Friday 20th June 2025	Full days at Outwood Academy
Sports day	Tuesday 24th June 2025	This will be at Stillington Sports and Social Club. Parents and families are invited to join us from 12.30pm All children should come to school in their PE kit, a white t-shirt, black shorts or jogging bottoms and trainers.
KS2 York Minster trip	Thursday 26th June 2025	Packed lunches are required for this trip. Packed lunches can be ordered from the office by Friday 13th June. Sandwich options are ham, cheese or tuna. The cost for this trip will be £11.70 and will be added to ParentPay. Please consent on ParentPay for your child to attend this trip.
KS1 Flamingoland Trip	Friday 27th June 2025	Packed lunches are required for this trip. Packed lunches can be ordered from the office, by Friday 13th June. Sandwich options are ham, cheese or tuna. Water bottles required. The bus will leave at 9am and will return at 2pm. School uniform to be worn Please consent on ParentPay for your child to attend this trip.
KS2 End of Year Performance	Tuesday 1st July 2025	More information to follow
Year 6 School Photo	4th July 2025	Year 6 Pupils will have their photos taken. The photographer will be with us between 11am and 11.30am. More information to follow.
In house School Transition days	Monday 7th July 2025 Friday 11th July 2025	More information to follow
Crucial Crew Year 6 Trip	Tuesday 8th July 2025	The bus will be leaving School at 10.30am to travel to Scarborough. The bus will arrive back at school at 4.30pm. Please consent on ParentPay for your child to attend this trip.
Year 5 Language Day at Outwood Academy	Wednesday 9th July 2025	Please consent on ParentPay for your child to attend this trip. More information to follow
KS1 Malton Sports Centre	Wednesday 16th July 2025	KS1 children will have their lunch then travel by bus to the Malton Sports Centre. The bus will leave at 12.20pm and the children will return before the end of the school day. All children will need their PE kits with them.
Year 6 Leavers Service	Thursday 17th July 2025	Starting at 2.30pm at Stillington School. More information to follow
Fantastic Friday	Friday 18th July 2025	Art Day.
<b>Summer</b>	<b>Friday 18th July 2025 (Last Day)</b>	